|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **DATA** | | **8.00**  **-**  **8.45** | **8.50**  **-**  **9.35** | **9.40**  **-**  **10.25** | **10.30**  **-**  **11.15** | **11.20**  **-**  **12.05** | **12.10**  **-**  **12.55** | **13.00**  **-**  **13.45** | **13.50**  **-**  **14.35** | **14.40**  **-**  **15.25** | **15.30**  **-**  **16.15** | **16.20**  **-**  **17.05** | **17.10**  **-**  **17.55** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
|  | **15.02.2025** |  |  |  |  | RI | RI | RI | RI | TM | TM | TM | TM |
|  | **16.02.2025** |  |  |  |  | TM | TM | PZ | PZ | PZ | PZ | PD | PD |
|  | **22.03.2025** |  |  |  |  | RI | RI | RI | RI | TM | TM | BF | BF |
|  | **23.03.2025** |  |  |  |  | PZ | PZ | PZ | PZ | PD | PD | PD | PD |
|  | **05.04.2025** |  |  |  |  | RI | RI | RI | RI | TM | TM | BF | BF |
|  | **06.04.2025** |  |  |  |  | RI | RI | RI | RI | TM | TM | TM | TM |
|  | **17.05.2025** |  |  |  |  | PZ | PZ | PZ | PZ | BF | BF | BF | BF |
|  | **18.05.2025** |  |  |  |  | RI | RI | RI | RI | TM | TM | TM | TM |
|  | **14.06.2025** |  |  |  |  | TM | TM | PZ | PZ | PZ | PZ | PD | PD |
|  | **15.06.2025** |  |  |  |  | RI | RI | RI | RI | TM | TM | TM | TM |

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| **PRZEDMIOT** | | **ŁĄCZNA ILOŚĆ GODZIN** | **NAUCZYCIEL** |
| **RI** | Realizacja indywidualnej sesji treningowej z podopiecznym | **24** | **Jakub K.** |
| **TM** | **Techniki i metodyka wykonywania ćwiczeń** | **16** |
| **TM** | Metodyka ćwiczeń fitness | **8** |
| **PZ** | Prowadzenie zajęć grupowych fitness z wykorzystaniem muzyki | **16** |
| **PD** | Podstawy działalności gospodarczej | **8** |
| **BF** | Biomechanika i fizjologia wysiłku | **8** |
| **RAZEM:** | | **80** |